



presents...

FIDO FITNESS!

With Dr. Eileen Haworth D.C.

Beginning May 29 2008



Using fun tricks and special equipment Fido Fitness is an innovative 6 week program open to all dogs 6 months and older that will show you how to increase your dog's strength, flexibility, coordination, cardiovascular health and overall fitness. Instructor and AVCA Certified Animal Chiropractor Dr. Eileen Haworth, (an avid agility competitor), will teach students exercises developed over years of successfully treating dogs. To learn more about Dr. Haworth go to: <http://www.k9chiro.com>.

This class is a must for all dogs, especially performance dogs and those considering becoming involved in performance sports!

 Stretching for your dog  Strengthening exercises  Cardiovascular fitness
 Coordination  Fun tricks

DOGS MUST BE ABLE TO SIT AND LIE DOWN ON COMMAND, AND WALK ON A LOOSE LEASH. NO AGGRESSIVE DOGS ALLOWED - DOGS WHO HAVE ISSUES WITH PEOPLE OR OTHER DOGS WILL NOT BE PERMITTED TO ATTEND THIS CLASS.

Dogs over the age of 8 years, or with a history of orthopedic or neurologic problems must get a veterinary release to join the class.

**6 Thursdays AT 7 P.M. at Jump City Agility in Encino STARTING ON 05/29/08
For more information call 310-451-8045 or go to jumpcityagility.com**